



Learning Sessions for Alliance's Annual
Conference
<https://www.allianceon.org/conference2024>



Spotlight Presentation 3-1: What Every Clinician Needs to Know About Social Prescribing

Presenter:

Dr. Dominik Nowak	President (OMA), Assistant Professor (U of T)	Ontario Medical Association , Women's College Hospital , University of Toronto
-------------------	--	--

Description:

Primary Care staff are caring for people with increased food and housing insecurity, isolation and loneliness, and declines in mental health, and at the same time, are often left feeling underprepared and unsupported in addressing social needs.

This session will unpack the global conversation on social prescribing and how it can be applied to practice in Ontario. Social prescribing brings together the social and medical models of health, allowing us opportunities to care for people in a more careful and caring way by shifting the lens from, "What's the matter with you?" to "What matters to you?" At last year's Family Medicine Forum, social prescribing was voted in the top two "Big Ideas" that would change the future of family practice.

We will explore how this global concept makes a difference in diverse Ontario practice settings, including family doctors in solo practice and team-based care. Along the way, we will share practical ways to identify and address social needs within the clinical setting through social prescribing.

Session objectives and learning outcomes:

- Learn some simple ways to implement social prescribing in your clinical practice
- Learn how to ask clients about their social needs
- Learn about the Centre for Effective Practice's Social Prescribing tool